



## EFT Tapping - Conflict Between Spirituality & Wealth

For hundreds of years a belief has been perpetuated about spiritual people having to denounce all their worldly possessions and live in abject poverty. This belief only serves the ruling elite who have assumed power over humanity as it keeps those who wish to bring light to the world largely struggling and unable to assume their full power.

Whilst there are many examples of those who choose a spiritual path electing to walk away from financial wealth, this does not mean money and spirituality are mutually exclusive. You can have both and it will serve you and your mission when you do.

A perception that money turns people into monsters is also a fallacy. In reality, if someone is selfish, mean and narcissistic, they'll be more of those things when they're wealthy. If they're kind, generous and compassionate, those traits will shine through more boldly when they're wealthy.

In truth, money means leverage to make a bigger difference, live life on your terms, live out your mission and passion, freedom, creating the vision you have for yourself and the freedom to explore many more possibilities, including spirituality and consciousness.

It's time to let go of any conflict between spirituality and money and start allowing money to flow in your life and empower you to live your mission and make a positive impact on humanity.

Rate the statement 'I can't be spiritual and be rich'. How much does this statement resonate with you on a scale of 0 to 10, 0 meaning it doesn't feel true on any level, and 10 meaning that you embody this belief with all your heart and soul.

Write the number down and start by tapping on the karate chop point and say the phrases below.

### Set Up Phrase

*Karate Chop Point:*

Even though you can't be spiritual and wealthy, I know because that's what I was taught, and I've seen it throughout my whole life, I deeply and completely love and accept all of me.

Even though I believe you can't be spiritual and wealthy, I deeply and completely love and accept who I am and how I feel right now.

Even though spirituality and money are mutually exclusive, you can't have both, I choose to love and accept myself, and my belief systems, right now.

### Tapping Through The Points:

*Eyebrow:* You can't be spiritual and wealthy

*Side of Eye:* Money turns people into monsters

*Under Eye:* Rich people aren't spiritual

*Under Nose:* There is a big conflict between spirituality and money

*Chin:* Spiritual people can't be rich

*Collar Bone:* You just can't have both



*Under Arm:* You can be spiritual, or you can be rich

*Top of Head:* But you can't be both

*Eyebrow:* And I refuse to sacrifice my spirituality to be rich

*Side of Eye:* My spirituality is so important to me

*Under Eye:* I refuse to sacrifice it for financial wealth

*Under Nose:* And I know that I can't be spiritual and rich

*Chin:* I've seen evidence everywhere

*Collar Bone:* Rich people aren't spiritual

*Under Arm:* Spiritual people aren't rich

*Top of Head:* And being rich would sacrifice my consciousness

*Eyebrow:* Being rich might turn me into a monster

*Side of Eye:* That is not a risk I am willing to take

*Under Eye:* So I choose to be poor so I can be spiritual

*Under Nose:* That's just the way it has to be

*Chin:* My spirituality and consciousness are really important to me

*Collar Bone:* So important that I'm swearing off money altogether

*Under Arm:* I know money is important, but spirituality is more important

*Top of Head:* And I know, 100%, that you can't have both

*Eyebrow:* What if I'm wrong

*Side of Eye:* What if they were wrong

*Under Eye:* What if you can have both money and spirituality

*Under Nose:* I wonder if you can be spiritual and wealthy at the same time

*Chin:* I'm sure there are some spiritual people out there who are really wealthy

*Collar Bone:* There's no real reason why they have to exclude each other

*Under Arm:* After all money is just a form of energy exchange

*Top of Head:* It doesn't physically do anything to us

*Eyebrow:* It would give me more leverage to do what I want to do in the world

*Outside Eye:* I really love my spirituality and my consciousness

*Under Eye:* And I'd also love to have more money in my life

*Under Nose:* Secretly, I'd love to be rich

*Chin:* But I've been refusing to be rich

*Collar Bone:* Because I've believed you can't be spiritual and wealthy

*Under Arm:* What if it's just a story?



*Top of Head:* What if I've been wrong about this the whole time and you can be spiritual and wealthy?

*Eyebrow:* What if being wealthy helps me be more spiritual

*Outside Eye:* When I have more money I can do more spiritual things

*Under Eye:* When I have more money I can really feed my soul and my consciousness

*Under Nose:* And do more spiritual things with my life

*Chin:* And live my mission and help other people

*Collar Bone:* That can't be a bad thing

*Under Arm:* Maybe you can be spiritual and wealthy after all

*Top of Head:* I choose to explore the possibility that I can be spiritual and wealthy

*Eyebrow:* Even just thinking about it makes me feel lighter

*Outside Eye:* I choose to know I can be spiritual and wealthy

*Under Eye:* I'm looking forward to feeding my soul because I have more money

*Under Nose:* I'm looking forward to being able to explore more spirituality with more money

*Chin:* And deepening my awareness and my consciousness because I'm wealthy

*Collar Bone:* In actual fact, being wealthy can help me to be more spiritual

*Under Arm:* I love knowing I can be spiritual and wealthy

*Top of Head:* And I can use more money to deepen my spirituality and my consciousness

Take a deep breath and rate the statement 'I can't be spiritual and wealthy' on a scale of 0 to 10. Has the original intensity of the belief dropped?

Keep using this tapping until you reach a 0 for this belief, and support this with actively looking for evidence of spiritual wealthy people who are helping the evolution of humanity with their actions and their message. Focus on these people, even put them on your vision board and seek to emulate their results with abundance as you live your mission and your passion and do the work you came here to do.